

If you're like most people the word chlorogenic acid means little or nothing to you. But, to botanists (those who study plant biology) and nutritionists it can mean the world of difference to people who struggle to achieve weight loss. The word chlorogenic acid is simply the scientific name for the completely natural component found in the Lean Green Java Bean® product (i.e., green coffee bean extract). So, how does it work? **It works by tricking your body into thinking it has a much higher metabolism than it really does.** And, one of the twists is that stimulation via caffeine isn't a factor — each capsule has only 23 mgs. of natural caffeine (even a special dark chocolate bar has 31 mgs.). But, the best thing about our Lean Green Java Bean is that you don't need to know anything about its biological activity for it to work — **All you have to do is take 2 capsules twice a day with an 8-ounce glass of water and your body will do the rest!**



For Those Who Like Research

A cardiothoracic surgeon and teaching professor at Columbia University recently touted the benefits of the active ingredient found in green coffee beans by stating that participants in a randomized double-blind, placebo-controlled crossover study (the most accurate of all studies **lost an average of 17 pounds and an astonishing 16% body fat — in just 5 1/2 months — doing nothing more than taking the supplement!**

Perhaps the most astonishing part of the study referenced above is that those who participated took 1600 mgs. of green coffee bean extract and did NOT change their diets or exercise habits! In fact, they averaged a daily intake of 2400 calories and STILL lost weight!

As you probably noticed from the row of journals pictured, I know about weight loss and energy benefits. According to the research done, even though the recommended daily maximum is 800 mgs., it actually takes twice that amount (1600 mgs.) to produce the desired weight loss and it's totally safe. Still, the best way to determine if it'll help you lose weight (**IT WILL**) is to give it a try.

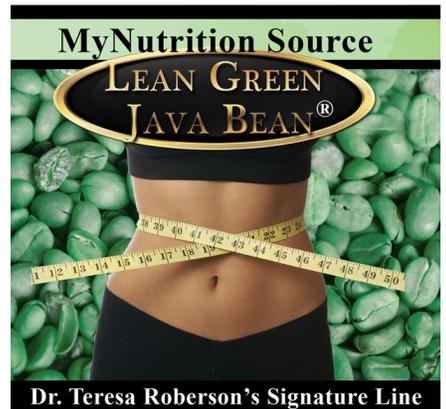
Lean Green Java Bean supports heart health, blood sugar levels, appetite suppression, blood pressure and is a superior antioxidant.

All it takes is 2 capsules twice a day.

Take it and forget about it. In 60 days you'll be on your way to a healthier, thinner, more energized YOU!

To order call 888-327-0206 or visit: www.MyNutritionSource.com

"I personally take Lean Green Java Bean every day and I can personally attest to it's effectiveness."



Dr. Teresa Roberson's Signature Line
400 mgs. per Capsule
(For Best Results Order 2 Bottles)

Dr. Teresa Roberson