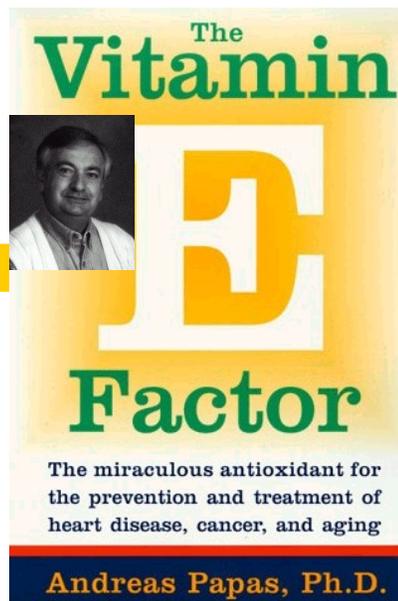


Why You Need My Nutrition Source's Natural E-400

Vitamin E is among the most studied nutrients in the world. As such, the past two decades have revealed that the utilization of this antioxidant superstar is best maximized when taken as a combination of tocopherols. More specifically, it is important that the ratio of tocopherols closely resemble that which is found in nature in order to be very effective. This is in contrast to the standard vitamin E products on the market which normally have only d-alpha tocopherol. Dr. Teresa Roberson, who designed Natural E-400 for My Nutrition Source, has given us a superior nutritional supplement that contains **400 mg. of d-alpha, d-beta, d-delta, and d-gamma tocopherols – all-natural vitamin E.**



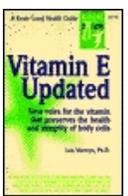
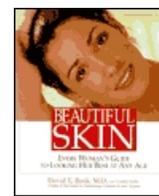
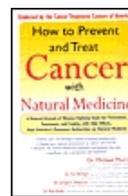
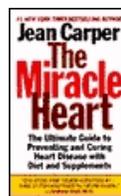
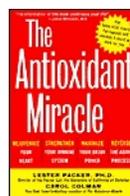
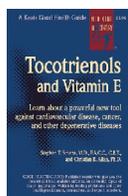
Dr. Andreas Papas, Ph.D.
Adjunct Professor at the
James Quillen College of
Medicine

Dr. Andreas Papas, who was named as a Fulbright and Wright Scholar and serves as the Senior Scientific Advisor for the Cancer Prevention Group at the Harvard School of Public Health in Boston, Massachusetts has concluded that vitamin E may provide the following benefits:

- Maintains cell membrane integrity and reduces aging at the cellular level
- Inhibits the free radical damage to internal organs as well as skin
- May help to inhibit the growth of certain cancers
- Prevents abnormal blood clotting
- Works with other antioxidant vitamins and minerals to reduce the damage caused to organs by environmental pollutants
- Protects the nervous system
- Lowers the risks associated with both ischemic and coronary heart disease
- Provides protection for the eyes
- Enhances or protects immune system function
- Reduces the risk of Alzheimer's disease
- And much, much more.

“While most people associate vitamin E with healthy skin, this nutrient is so much more. Indeed, the antioxidant protection provided by vitamin E is legendary, but protection from free radicals (which have been implicated in over 60 diseases) is only one of the reasons we should be careful to take vitamin E everyday. Vitamin E helps to maintain cardiovascular health by positively affecting circulation, the integrity of blood vessels, and healthy blood in general. Further, the health of the prostate, nervous system, and, of course, healthy skin all depend, to some extent, on tocopherols. My Nutrition Source Natural E-400 is, in my opinion, one of the easiest and most effective ways to get enough vitamin E into your diet. Libraries could be filled with the benefits of vitamin E.”

Dr. Teresa Roberson, N.D.



It's Your Choice!

Eat 3.4 Pounds of Almonds a day or take 1 Capsule of My Nutrition Source's Natural E-400 a day.*



***1 ounce of almonds contains 7.3 mgs. of vitamin E.**

My Nutrition Source's Natural E-400

400 mg. 90 Capsules

To Order Call:

888-327-0206

Or Visit:

MyNutritionSource.com

